

The Weekly Schedule		Week of:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Roles	Weekly Goals	Weekly Priorities	Today's Priorities						
Individual		Work							
Partner									
Engineer									
Business		FIRST							
Student									
Healthy									
Athlete		Home							
Friend/ Family									
Housemate									
			7	7	7	7	7	7	7
			8	8	8	8	8	8	8
			9	9	9	9	9	9	9
			10	10	10	10	10	10	10
			11	11	11	11	11	11	11
			12	12	12	12	12	12	12
			1	1	1	1	1	1	1
			2	2	2	2	2	2	2
			3	3	3	3	3	3	3
			4	4	4	4	4	4	4
			5	5	5	5	5	5	5
			6	6	6	6	6	6	6
			7	7	7	7	7	7	7
			8	8	8	8	8	8	8
			Evening	Evening	Evening	Evening	Evening	Evening	Evening

1. INDIVIDUAL- I will seek to become a strong individual, increase my knowledge, and know myself.
2. PARTNER- I will strive to love and honor my partner unconditionally each day for who he is, and help him develop his loves and talents.
3. ENGINEER- Each day I will apply my engineering skills, learn from the engineers around me and acquire new engineering knowledge.
4. BUSINESS WOMAN- I will strive to be a productive, friendly, efficient, growth oriented, and motivated person.
5. STUDENT- I will devote a little time each day to increase my knowledge and be a good student.
6. HEALTHY PERSON- Each day I will eat and exercise to maintain and improve my health.
7. ATHLETE- I will take time to improve my athletic abilities and build strength required for my sport.
8. FRIEND/FAMILY MEMBER- I will take time to keep in touch with friends and family members to build and maintain relationships.
9. HOUSEMATE- I will do my part as a roommate and partner to ensure that the daily activities are accomplished in an equal, shared manner.